

Strawberry Frais Salad



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Recipe provided by Augusta Saunders from Ringwould Dairy

Ringwould Frais can be found at selected delicatessens, the 'Albany Farmers Market' every Saturday morning or 'Boatshed Markets' every Sunday morning

Balsamic Raspberry Vinaigrette

1 cl	garlic, minced
½ tsp	honey dijon mustard
2 tbsp	raspberry vinegar
1 tbsp	balsamic vinegar
1 tbsp	brown sugar
¼ cup	vegetable oil

Salad

6 cups	mixed greens
120g	crumbled Ringwould Frais
¼ cup	slivered almonds
2 cups	halved strawberries

Prepare dressing by combining all ingredients.

In a large bowl, gently toss greens with the dressing.

Top with cheese nuts & strawberries.

Sprinkle with salt & pepper to taste.